



# Welsh Archery Association

10TH ALL WALES COACHING CONFERENCE

SATURDAY NOV 10TH 2018

MEDIA RESOURCES CENTRE, LLANDRINDOD WELLS, LD1 6AH

## Programme

9.30 a.m. Arrival - Registration - Tea/Coffee

10.00 a.m. Welcome - "Archery in Wales - The state of the Nation"

We have been really lucky to get the following people to do workshops for us at this conference.

It is the ambition of many of our Junior Archers to shoot for their country at the Olympics, so what is involved in getting there? It is up to us as coaches to manage these expectations and wherever possible guide them on the pathway. This morning's workshops will hopefully give you ideas and a better understanding of what's needed.

10.40 a.m. Workshop 1 - A Junior Club Academy - Marian Howells

Marian is going to talk about the Junior Club Academy she runs at Blandy Jenkins Archers from a coaches perspective.

Workshop 2 - AGB Performance Pathway - Ryan Pinder

Ryan has represented Gt Britain and Wales Internationally. He is going to talk about his journey from the WAA Academy through the AGB Pathway.

11.30-11.40 a.m. Workshop changeover

12.40 p.m. Lunch. Tea and Coffee will be available

1.40 p.m. Workshop 3 - Update on Recurve Technology - Graham Weller

Graham needs no introduction and is always interesting.

Workshop 4 - Barebow Set up and Tuning - Mal Williams

Mal is an experienced Barebow Archer and Coach who provides technical support to his wife Vicky who has competed as a Barebow archer in World and European Field Archery Championships.

2.40 p.m. Workshop Changeover

3.40 p.m. Feedback & Presentations



# Welsh Archery Association

---

Cost £10 per person payable on arrival. If you intend coming please email [mail@langdon-davies.co.uk](mailto:mail@langdon-davies.co.uk) with your name, Archery GB number, club and coaching Level by Wednesday November 7th 2019